



STEP- 3



NOW SLIGHTLY PULL OUT THE SIDE LOCK (P21) & SLOWLY BRING DOWN THE TABLE

STEP- 4

REPEAT THE SAME FOR THE 2ND HALF OF THE TABLE AS IN STEP- 1, 2 & 3

STEP- 5



ATTACH POSTS TO THE LEFT AND RIGHT SIDE OF THE TABLE.

STEP- 6



PLACE NET ONTO POSTS, FEED STRING THROUGH GROOVES.

ADJUST TENSION OF THE NET WITH THE PLASTIC STRIP

STEP- 7 ADJUST THE HEIGHT REQUIRED WITH THE HELP OF LEVELLERS (P18) ATTACHED ON ALL 4 OUTER LEGS (P5).

YOUR TABLE IS NOW READY FOR PLAY
STORING THE TABLE

STEP- 1



PULL OUT THE SIDE LOCK (P21) TO LIFT THE TABLE ON THE WHEELS. MAKE SURE THAT LOCK (P20) IS LOCKED PROPERLY FOR STORAGE

STEP- 2 REPEAT THE SAME FOR THE 2ND HALF.

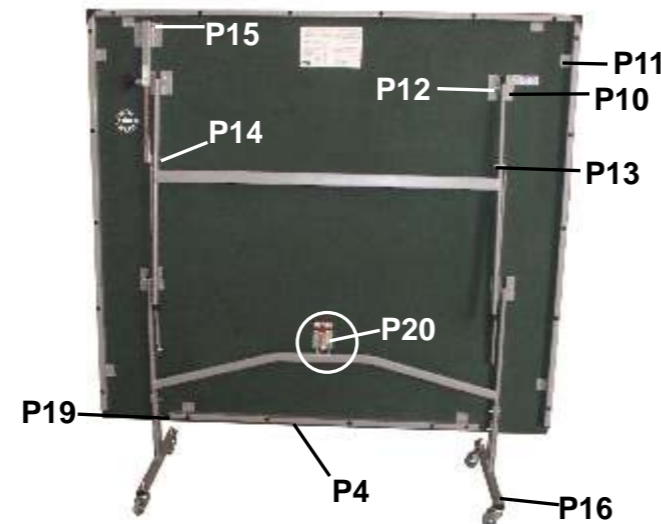
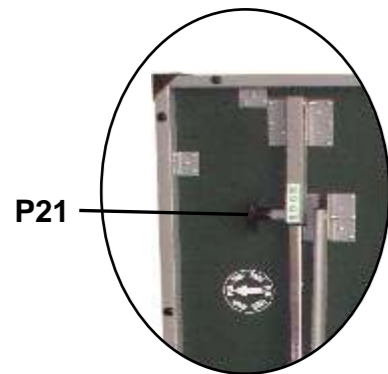
Safety Instructions: Children below 14 years should not assemble the table. When lowering each half of the table top, make sure that the outer legs P5 are pulled gently outwards from the underside of the table, so far as they can go. Failure to do this may result in injury or damage to the table. This table is suitable for indoor use. It can be used outdoors provided that it is not exposed to direct sunlight rain or frost. It should always be stored indoors. Make sure that the wheel brakes are off when moving the table and are on when the table is stored or in the play position.



Fitness Indoor Table Tennis Table Assembly Instructions



PARTS LIST



1. TABLE TOP 16MM INDOOR - 1525×1370×16MM - 2 NOS.
2. END FRAME PIPE - 1490×23×17MM - 2 NOS.
3. SIDE FRAME PIPE - 1310×23×17MM - 4 NOS.
4. INNER FRAME PIPE - 1050×23×17MM - 2 NOS.
5. OUTER LEG - 1090×720×25×15MM - 2 NOS.
6. INNER LEG - 1220×510×25×15MM - 2 NOS.
7. LONG BRACE SUPPORT - 665×25×6MM - 4 NOS.
8. WHEEL ASSEMBLY - 510×260×30×20MM - 4 NOS.
9. SET OF 8 WHEELS - 50 MM WITH 2 LOCK WHEELS
10. BRACKETS FOR OUTER/INNER LEG - 75×27MM - 16 NOS.
11. BRACKETS FOR FRAME PIPE - 32MM SQ - 16 NOS.
12. BOLTS FOR OUTER/INNER LEG - 38×6MM - 8 NOS.
13. BOLTS FOR LONG BRACE SUPPORT FIXED TO OUTER/INNER LEG - 32×6MM - 4 NOS / 38×6MM - 4 NOS.
14. BOLTS FOR SIDE LOCK ATTACHED TO OUTER LEG - 50×6MM WITH NUT WASHER AND BHOGLI - 2 NOS.

15. BOLTS FOR SIDE LOCK ATTACHED TO BRACKET - 38×6MM - 2 NOS.
16. DOME NUT - 10MM - 8 NOS.
17. OUTER CORNER - 40MM - 4 NOS.
18. LEVELLERS - 25×15MM CAPSULE - 4 NOS.
19. PLASTIC CAPS FOR INNER FRAME PIPE - 20×30MM - 8 NOS.
20. CENTRE LOCK - 2 NOS.
21. SIDE LOCK - 2 NOS.
22. WHEEL ASSEMBLY CAP - 25×15MM - 8 NOS.
23. NET POST SET - 1 NOS.
24. SPARE NET - 1 NOS.
25. SCREW FOR BRACKETS ON TOP 6/95 - 342 NOS.
26. SCREW FOR OUTER CORNER - 8/13 CSK - 12 NOS.
27. BOLT TO ATTACH WHEEL ASSEMBLY (P8) WITH INNER LEG (P6) - 32×6MM - 8 NOS.
28. SPANNER - 7.5/6MM - 2 NOS.



P-27 - 6MM - QTY. - 8



P-27 - 32×6MM - QTY. - 8



P-28 - 7.5/6 MM - QTY. - 2

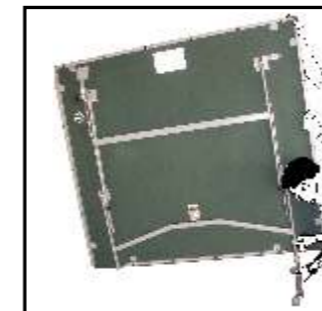


P-8 - 510×260×30×20 MM - QTY. - 4

ADULT ASSEMBLY REQUIRED

PLEASE READ THE SAFETY INSTRUCTIONS AT THE BOTTOM OF PAGE- 4

STEP - 1



CAREFULLY LIFT THE TABLE TOP HALF TO ATTACH WHEEL ASSEMBLY (P8) WITH INNER LEG (P6) USING NUT & BOLT 32×6MM AND TIGHTEN IT WITH THE HELP OF TWO SPANNERS (P28).

STEP - 2



SLIGHTLY PULL OUT THE OUTER LEGS(P5) & PUSH OPEN THE TABLE SLIGHTLY BY OPENING CENTRE LOCK (P20).